

If you have anything that you would like added in the August edition, please get in touch with Clive Scholefield

If you live within the Parish of Mildenhall and would like an email copy of this Newsletter then please email [robbailey1@aol.com](mailto:robbailey1@aol.com) with the word YES to comply with GDPR Regulations. Your email address will only be kept for the purpose of distributing the Newsletter.

And please take a few copies and drop them though your neighbours' letterboxes if you think they might not be getting out to pick up one.

If you live outside of Minal and would like to be emailed this Newsletter or know someone who does then please email Tom Otley at [tomotley@btinternet.com](mailto:tomotley@btinternet.com)



## What's on in our village

Well it has been difficult to find things to write about for this July edition of Minal News.

The title 'What's On in our Village' seems rather redundant as all social events in all areas have been put on hold for the last three months.

Nevertheless, there have been lots of creative ways to keep ourselves occupied emerging and we would like to share some of them here.



**Masks  
and  
gloves**



Wearing a face mask is only compulsory on public transport, visiting hospitals or where 2M social distancing is not possible..

Surgical face masks are for single use for health care professionals and are only effective for a short period of time. You can however make your own reusable face covering. Go to the BBC website link <https://www.bbc.co.uk/news/uk-52609777>; to see how.

It is not necessary to wear gloves when going into public places. The best way to protect yourself is to wash your hands with soap and water for 20 secs before going out. Do not touch your face, eyes, nose or mouth.. When hand washing is not available use hand sanitiser with at least 60% alcohol and wash your hands when you return home. Wash your reuseable face mask on 60 degree wash and dry. It's probably best to have a few masks available.

Sports and Social Club  
Church News  
Village Hall  
Parish Council News  
Gardening Club  
Book Club

## Gardening



Our gardens seem to be a creative space offering comfort in these current times. Pottering about, weeding and deadheading are all essential for not only long flowering displays throughout the Summer but evidence shows it is also good for our mental wellbeing.

Many gardeners are trying new things. Why not try planting some vegetables in with your flowers or growing those seeds that have been hanging around and see what comes up. I now have 10 tomato plants which are planted in with the roses.

**A big "Thank you to all who have looked after people in our village, delivering shopping, cooking meals and giving your time to listen. You are fabulous!"**

## Let's Go Back in Time

### Churches in Marlborough are opening up from Monday June 15 at 9am.

They are St Mary's, Marlborough, St George's, Preshute and our own St John the Baptist, Minal.

Social distancing signs are up to guide people. More than 200 people have taken part in online services over 12 weeks.

The doors will be wedged open and people are encouraged to leave a marker where they have sat so that others can avoid those seats, which will be cleaned at the end of the day.

"The churches are some of the oldest buildings in Marlborough and for us reopening them is part of the whole town coming back to life," said Rev Chris Smith, rector of Marlborough.



While we all get used to the extraordinary quiet of our village during these challenging times, it's nice to turn the clock back and view our community as it was through these lovely old photographs that have been kindly passed on by Angela Fry, formerly Angela Bailey, who lived with her parents in Minal. There are more on the Minal website. I am sure some of you will recognise your homes <http://www.mildenhallwiltshire.org.uk/village/mildenhall-news>

## New Look Village Hall

The Village Hall Committee has been busy during the Lockdown and have replaced all the wooden railings with new metal ones which meet current safety regulations. In addition, all the paths and patio areas have been wire brushed clean and the indoor areas have been deep cleaned ready for its use post Lockdown restrictions. The Committee would like to make special mention of Jon Napper who has spent considerable time getting a manufacturer to produce the railings within a tight budget, and for the cleaning he carried out on the paths. Our thanks too to Pauline and Bob Barnett for their scrupulous cleaning of the halls interior.

### Before and After



### Ten ways to occupy yourself.

- Jigsaws -ask friends if they have some
- Put photos in 'albums' and remember
- Dance like no-one is watching!
- If you feel sad, call someone for help.
- Bring in a beautiful plant and admire it.
- Find a way to be kind to yourself and others..
- Learn a new skill or revisit an old one.

- Visit a virtual tour of a museum or art gallery. [britishmuseum.org/collection](http://britishmuseum.org/collection) or
- Buckingham Palace [rct.uk](http://rct.uk)
- Start to trace your ancestry.
- Write a list of what you hope for after lockdown
- Sit and watch the clouds, listen to the birds, touch something you enjoy and eat something new